

CALIFORNIA STATE BOARD OF HEALTH

Weekly



Bulletin

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GUY P. JONES
EDITOR

Social Workers to Convene in Oakland.

The California Conference of Social Work will hold its nineteenth annual meeting in Oakland, May 1 to 5, 1927, with headquarters at the Hotel Leamington, 19th and Franklin Streets. Under the leadership of Dr. Alvin Powell, president, and Miss Margaret Lothrop, chairman of the program committee, plans are being perfected for what promises to be one of the most successful meetings in the history of the organization.

Noted eastern and California leaders, speaking on vital and timely topics, will make the program one of unusual interest. The speakers from the east will include Frank J. Bruno, of the Department of Sociology, Washington University, St. Louis, and formerly head of the Family Welfare Society of Minneapolis, and Margaret E. Rich, of New York, associate director of the American Association for Organizing Family Social Work and editor of "The Family." The conference is bringing Miss Rich to California for the special purpose of giving an intensive study course for social workers dealing with rural and small town problems. In addition she will conduct institutes in Los Angeles, San Francisco and Oakland, for the local workers.

General meetings, open to the public, will be held each evening during the conference, with the exception of Wednesday, when conference mem-

bers will enjoy themselves at a banquet and "frolic." The eight standing sections of the conference will meet daily, four each in the morning and afternoon, where social problems will be discussed from the various angles of family and child welfare, health, industry, recreation, delinquency, organization and administration, citizenship and racial problems and education.

Vallejo Women Promote Child Health.

The Vallejo Woman's Club is engaged in activities that have to do with the promotion of child welfare. The club maintains a health center for children of pre-school age which is very successful. During two conference days in March sixty children were examined. Twenty-seven infants under one year of age were registered at the center during the month. This work has been conducted by the club for seven years. Local physicians provide the technical assistance in making the examinations. The work is growing from month to month.

Rest of body and mind, education in regard to what is safe and what is dangerous, good food and fresh air are the medicines that restore health. Intelligent medical supervision, freedom from care and worry, confidence in recovery, conscientiousness in carrying out every detail given by the physician, work miracles, as thousands can testify who have fallen ill of tuberculosis, but who have fought the good fight and won out.—Dr. Lawrason Brown.

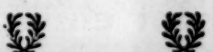
Again—Don't Run Motor In Closed Garage.

Although winter is gone, an occasional death from carbon monoxide poisoning due to running an automobile motor in a closed garage, is still reported. It is unfortunate that deaths from this cause should occur at any time. The warning is repeated frequently, but careless motorists continue to lose their lives in this manner. Health officers have a duty to perform in exerting every effort to make sure that the residents of their respective communities know of the danger that lies in running motors in closed garages.



Del Norte County Safeguards Children.

In Del Norte County, with a population of about three thousand, more than 700 individuals have been immunized against diphtheria during the past few weeks. Miss Esther Gustafson, the public health nurse in the county, has been active in stimulating and carrying on this work. Clinics were held in Crescent City, Smith River and Requa. Dr. Charles Barnes, County Health Officer, the members of the medical profession within the county and the Parent-Teachers Association were all active in promoting the campaign. The majority of the children of Del Norte County are now immunized against diphtheria.



The physician can perhaps make his greatest contribution to a child health problem when the public is educated to the need of having children examined regularly once, or better twice, a year, even in the absence of symptoms of disease. Many mothers bring their babies to the physician regularly for inspection and health advice, and school children receive at least a certain amount of attention. But in the ages between, very little is done, with the result that large numbers of children enter school at the age of six with various defects, many far advanced. The public does more in this kind of prevention dentally than medically, which indicates what can be accomplished by the proper sort of education.

The truth is that the public has the fear of medical examination which is born of ignorance. This ignorance can be overcome by education, and when it is overcome the physician will be free to make the contribution to health which is now within his powers. The place to overcome it is largely in the schools, where the coming generation is being given its ideas and ideals, and this is to my mind one of the great services to the commonwealth which health can perform.—H. K. Faber, M.D., Stanford School of Medicine.

Safeguard Health Of Expectant Mother.

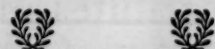
There is no need for the old saying, "A tooth for each child," to be true; nor for many other detrimental effects of child-bearing to cause trouble, providing that the expectant mother watches her health and takes advantage of modern medical knowledge, according to Dr. E. S. Stadtmuller, Director of the Bureau of Child Hygiene of the California State Board of Health.

Writing recently for the Hospital Social Service journal, Dr. Stadtmuller said: "Every normal mother looks forward to the time when she holds her new-born babe in her arms, but it is a curious fact that she does not realize that she has nine months of responsibility previous to the coming of the infant. If the tragedies, which occur all too frequently, are to be averted, leaving empty those expectant arms, all mothers must have adequate prenatal care. If the mother herself is to be able to enjoy, to the full, the privilege of caring for her child she must pass through a clean confinement safely.

"The first piece of advice, for an expectant mother is to choose a physician in whose judgment and skill reliance can be placed; to visit him at frequent intervals, and to follow out his instructions conscientiously.

"Many details of prenatal care are the safe rules of personal hygiene applicable to all women but more necessary to the expectant mother who holds the lives of two people in her care."

Important among the things that should be watched, Dr. Stadtmuller states, are diet; outdoor exercise or outdoor rest if housework is carried on; eight hours sleep a night; appropriate dress; and the teeth. In regard to this last point she says, "Early in pregnancy a mother should have her teeth thoroughly cared for by her dentist, thus avoiding the disfiguring effect which may come by their decay and loss. There is no need for the loss of a tooth provided the mother gives her teeth this care and brushes them night and morning to prevent decay.



In the long run, men are governed as well as they deserve. To demand good government is the first essential in securing it. Eternal vigilance is its price, and the results of apathy are found in corruption and waste.—David Starr Jordan.

Sewage Disposal Permits Pending.

The following applications for sewage disposal permit are pending before the State Board of Health, final action to be taken at the next regular meeting of the Board, May 7, 1927, in Sacramento:

Inglewood—An application for permit to construct new sewerage works and to dispose of sewage to County Sanitation District No. 5.

Gilroy—An application for permit to extend its outfall sewer about 10,000 feet and dispose of the effluent of a separate sludge digestion plant by land irrigation.

Montecito, the Santa Barbara Biltmore Hotel—An application to construct a septic tank and outfall sewer to the ocean.

Roseville—Application for permit to construct preliminary sedimentation tanks with separate sludge digestion, with chlorination of effluent before turning it into Dry Creek.

Yreka—An application for permit to construct an Imhoff tank with separate sludge digestion chamber and sludge drying beds; plant to be located one-third mile north of the northern town line of Yreka, on bank of Yreka Creek; effluent to be discharged into gravel beds.



MORBIDITY.*

Diphtheria.

101 cases of diphtheria have been reported, as follows: Alameda County 1, Berkeley 2, Hayward 1, Oakland 4, Colusa County 1, Fresno County 1, Fresno 1, Kern County 2, Kings County 1, Los Angeles County 11, Alhambra 1, Long Beach 1, Los Angeles 24, Whittier 1, South Pasadena 1, Torrance 1, Lynwood 1, San Rafael 1, Brea 2, Roseville 2, Riverside County 2, Corona 1, Riverside 1, Sacramento 3, Redlands 1, San Diego County 2, San Diego 1, San Francisco 11, San Joaquin County 1, Lodi 1, Stockton 4, San Mateo County 1, Burlingame 2, San Jose 5, Redding 1, Sonoma County 1, Petaluma 1, Sebastopol 1, Visalia 1.

Scarlet Fever.

183 cases of scarlet fever have been reported, as follows: Alameda 3, Albany 1, Berkeley 3, Livermore 1, Oakland 21, Piedmont 3, Colusa County 1, Fresno County 1, Clovis 1, Fresno 3, Kern County 1, Bakersfield 1, Los Angeles County 10, Alhambra 1, Arcadia 1, Burbank 1, Covina 1, El Monte 1, El Segundo 1, Long Beach 7, Los Angeles 37, Pomona 2, Sierra Madre 1, Sausalito 1, Yosemite 1, Grass Valley 1, Fullerton 3, Orange 2, Santa Ana 1, River-

side County 6, Riverside 2, Sacramento 1, San Bernardino 2, San Diego 2, San Francisco 28, San Joaquin County 1, Stockton 4, San Luis Obispo County 1, Burlingame 3, Santa Clara County 3, Mountain View 2, Palo Alto 7, San Jose 3, Sonoma County 1, Red Bluff 1, Tulare County 2, Yolo County 2.

Measles.

2474 cases of measles have been reported, as follows: Alameda 9, Albany 1, Berkeley 35, Oakland 51, Calaveras County 1, Colusa 1, Fresno County 19, Fresno 15, Orland 22, Willows 18, Eureka 4, Kern County 7, Taft 2, Kings County 22, Hanford 6, Lemoore 9, Los Angeles County 221, Alhambra 15, Arcadia 52, Beverly Hills 9, Burbank 2, Compton 30, Covina 1, Culver City 3, El Monte 9, El Segundo 5, Glendale 185, Glendora 1, Hermosa Beach 2, Huntington Park 3, Long Beach 42, Los Angeles 585, Manhattan Beach 9, Monrovia 57, Pomona 20, Redondo Beach 9, San Fernando 2, San Gabriel 3, Sierra Madre 7, South Pasadena 17, Whittier 1, Lynwood 2, Hawthorne 2, South Gate 4, Monterey Park 8, Maywood 3, Tujunga 1, San Rafael 7, Sausalito 7, Merced County 2, Gustine 19, Monterey County 1, Carmel 16, Napa County 3, Grass Valley 2, Orange County 39, Anaheim 4, Brea 2, Fullerton 5, Orange 15, Santa Ana 57, Seal Beach 5, La Habra 8, Riverside County 17, Corona 4, Riverside 30, Sacramento 14, Ontario 5, San Bernardino 8, Upland 7, San Diego County 41, Chula Vista 19, Coronado 4, La Mesa 2, National City 12, San Diego 289, San Francisco 126, San Joaquin County 29, Lodi 1, Manteca 7, Stockton 14, San Luis Obispo County 2, San Mateo County 3, Burlingame 20, Redwood City 6, San Mateo 7, Santa Barbara 10, Santa Clara County 3, Gilroy 1, Los Gatos 5, Mountain View 4, Palo Alto 8, San Jose 9, Siskiyou County 4, Petaluma 1, Modesto 3, Newman 2, Turlock 1, Trinity County 2, Tulare County 3, Dinuba 4, Lindsay 2, Porterville 3, Visalia 1, Oxnard 1, Yolo County 12, Davis 1, Winters 2, Woodland 1.

Smallpox.

28 cases of smallpox have been reported, as follows: Alameda County 2, Oakland 15, Kings County 1, Sausalito 1, Merced County 1, Riverside County 2, Corona 1, Sacramento 1, Lodi 1, Mountain View 1, Sunnyvale 2.

Typhoid Fever.

9 cases of typhoid fever have been reported, as follows: King City 1, Riverside 1, San Francisco 3, San Joaquin County 1, San Mateo County 1, Tulare County 1, California 1.

Whooping Cough.

126 cases of whooping cough have been reported, as follows: Alameda 2, Berkeley 9, Oakland 12, Piedmont 1, Colusa 11, Fresno County 5, Willows 2, Lemoore 2, Los Angeles County 12, Arcadia 1, Glendale 11, Huntington Park 2, Long Beach 5, Los Angeles 19, Monrovia 3, San Gabriel 1, South Pasadena 1, Brea 1, Riverside 1, San Diego 2, San Francisco 17, Stockton 2, San Luis Obispo County 2, Solano County 1, Yolo County 1.

Meningitis (Epidemic).

6 cases of epidemic meningitis have been reported, as follows: Oakland 2, Butte County 1, Sacramento County 2, San Francisco 1.

Poliomyelitis.

Long Beach reported one case of poliomyelitis.

Encephalitis (Epidemic).

3 cases of epidemic encephalitis have been reported, as follows: Berkeley 1, Los Angeles 1, Santa Ana 1.

* From reports received on April 18th and 19th for week ending April 16th.

COMMUNICABLE DISEASES BY AGE GROUPS, MARCH, 1927.

Disease	0-1	1-4	5-9	10-14	15-19	20-24	25-34	35-44	45-54	55+	Adult
Anthrax											
Chickenpox	58	556	2187	393	65	22	29	16	5		8
Diphtheria	15	124	277	127	38	36	58	31	8	2	6
Dysentery (Bacillary)							1			3	
Encephalitis (Epidemic)		1					1	2	1	1	
Erysipelas	4	4	3	6	5	5	6	10	11	18	1
German Measles	1	28	111	57	19	11	16	6	2		
Gonococcus Inf.		12	8	13	54	138	155	52	13	2	16
Hookworm											
Jaundice (Epidemic)			1		2						
Leprosy						1		1		1	1
Malaria										1	
Measles	264	3556	10560	2069	427	180	197	75	16	14	72
Meningitis (Epidemic)	1	4	2	2	2	3	3	2	1		
Mumps	6	68	735	464	100	36	44	12	3	3	38
Ophthalmia Natorum	2										
Paratyphoid			1	1	1		1	1			
Pellagra											
Pneumonia (lobar)	26	52	34	14	22	23	35	31	50	117	2
Poliomyelitis	1	2	2				1				
Scarlet Fever	6	223	575	225	74	24	31	20	1	1	7
Smallpox	1	7	32	14	9	9	11	9	3	14	
Syphilis	13	3	6	7	34	101	176	150	89	53	10
Tetanus	1		2		1				1		
Trachoma		3	14	11	1		1		1	1	
Trichinosis											
Tuberculosis	4	18	26	29	62	164	293	185	106	112	20
Typhoid Fever			7	3	7	4	11	20	2	4	1
Whooping Cough	60	289	487	42	8		3	1	1		3

COMMUNICABLE DISEASE REPORTS.

Disease	1927				1926			
	Week ending			Reports for week ending April 16 received by Apr. 19	Week ending			Reports for week ending Apr. 17 received by Apr. 20
	Mar. 26	Apr. 2	Apr. 9		Mar. 27	Apr. 3	Apr. 10	
Anthrax	0	0	0	0	0	0	0	0
Botulism	0	0	0	0	0	0	0	0
Chickenpox	588	621	624	399	375	280	284	268
Diphtheria	134	161	117	101	132	127	98	78
Dysentery (Bacillary)	0	1	0	0	0	5	1	0
Encephalitis (Epidemic)	1	2	3	3	2	3	0	3
Gonococcus Infection	80	116	82	74	111	350	95	71
Influenza	75	115	62	18	36	31	30	23
Jaundice (Epidemic)	0	0	0	0	0	0	0	0
Leprosy	2	1	0	0	0	0	1	0
Malaria	0	1	1	1	1	2	1	2
Measles	3559	3328	3414	2474	193	135	195	222
Meningitis (Epidemic)	4	9	10	6	4	5	2	8
Mumps	340	364	318	224	364	398	234	332
Paratyphoid Fever	4	0	0	0	0	2	0	1
Pneumonia (lobar)	158	114	63	48	52	99	56	42
Poliomyelitis	2	3	2	1	1	1	2	2
Rabies (Animal)	5	7	7	10	13	1	11	7
Rabies (Human)	0	0	0	0	1	0	0	0
Rocky Mt. Spotted Fever	0	0	0	0	0	0	0	1
Scarlet Fever	250	232	233	183	151	152	101	124
Smallpox	20	32	42	28	126	160	82	54
Syphilis	111	170	162	83	106	231	181	123
Tetanus	3	1	0	1	1	3	0	2
Trachoma	1	2	3	0	56	2	1	5
Trichinosis	0	0	0	0	2	0	0	0
Tuberculosis	223	209	217	178	237	254	218	254
Typhoid Fever	11	12	6	9	6	12	12	72
Typhus Fever	0	0	0	0	0	0	1	0
Whooping Cough	231	203	196	126	56	88	83	40
Totals	5802	5704	5562	3967	2026	2341	1689	1734